

# PLAYCAN

LOCATION INFORMATION

CAN



east lothian  
play association

## Milsey Bay Beach

By the tidal pool, close to the Scottish  
Seabird Centre, EH39 4SS



Can-Do, Scottish Charitable Incorporated Organisation (SCIO) SC049885  
ELPA, Scottish Charitable Incorporated Organisation (SCIO) SC050202



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## Parking

Disabled and electric bays available at the front of the Scottish Seabird Centre. Public parking bays limited – free parking areas can be found via [www.parkopedia.co.uk](http://www.parkopedia.co.uk)

## Public Transport

Lothian Buses, East Coast Buses and Prentice Coaches run buses to North Berwick. We recommend **Traveline Scotland** for up-to-date information. North Berwick Seabird Centre is the nearest bus stop. North Berwick train station is a 15-minute walk from the beach.

## Toilets

There are no public toilets onsite. The Seabird Centre can be accessed (2-minute walk) – accessible toilets available, no changing bed or hoist.

Closest public toilets are located on Quality Street, a 5-minute walk from the session location – ladies, gents and a disabled toilet is available. RADAR key required to access the disabled toilet – a spare key is stored in PlayCan's kit box, please ask a member of our team if you need to borrow the key.



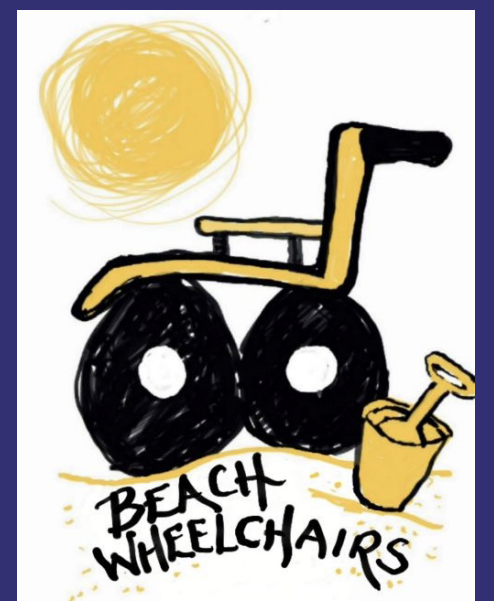
# Wheelchair Access

The play session will be held on the beach, accessible from the ramp close to the entrance of the Scottish Seabird Centre. The main surfaces are concrete paths, tarmac car park and sand. The Beach Wheelchair project have a beach hut located at North Berwick Harbour from which manual beach wheelchairs can be borrowed.

If you would like to use a beach wheelchair, you can let us know in advance so we are ready to assist. Send an email to **hello@can-do.scot**

If you would like to see the range of wheelchairs available, visit **[www.beachwheelchairs.org](http://www.beachwheelchairs.org)**

To talk to someone about the suitability of the wheelchairs or if you will require an electric beach wheelchair, please contact Beach Wheelchairs directly on **0300 111 2112**





## Seating and Benches

There is no seating available at the location but team PlayCan will have a couple of folding chairs available.

## Things to be aware of

- **Water:** Although it is great for playing, open water poses a risk. Please ensure your children are closely supervised when on the beach, and we recommend bringing a change of clothing. The tide will differ in height at each of our sessions but even when the tide is high, there is still enough space to play on the beach.
- **Weather-aware:** You can check the weather forecast via the Met Office website [www.metoffice.gov.uk](http://www.metoffice.gov.uk)

Our aim is to keep playing whatever the weather but in the event of more severe weather such as strong winds or thunder, we would need to cancel as it would no longer be safe to play. Any cancellation updates will be shared via Can-Do & ELPA's social media pages – although we hope this won't happen!

- There is no shelter on the beach. Team PlayCan will bring tents and can build dens and temporary shelters for playing under.
- The area is not closed off and is open to members of the public, who may have dogs with them.
- The roads surrounding the beach are busy and well-used. Please stay alert for moving vehicles.
- We recommend that you wear sunscreen, especially when playing in sunny weather. Team Playcan will have some sunscreen available. We also recommend taking along some water and refreshments to keep you going while you play.





## PlayCan Resources

Team PlayCan will bring a range of resources including 'loose parts' play kit, percussion, pots & pans, large tent, shelter, tuff trays, chalk, parachute, sensory resources. There will be four staff from team PlayCan there to welcome you, and to support and facilitate play!





## **WE WOULD LOVE FOR YOU TO...**

**Come along to play with your children and family.**

**Give us ideas to make things work better.**

**Give us feedback – what works? what doesn't?**

**Help us shape the next stages of the project!**

**If you would like further information,  
or to let us know you plan to come along  
contact [hello@can-do.scot](mailto:hello@can-do.scot)**