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Spark the Play

ELPA's activity pack for anyone with better ideas.







#chooseplay #sparktheplay





Make Space

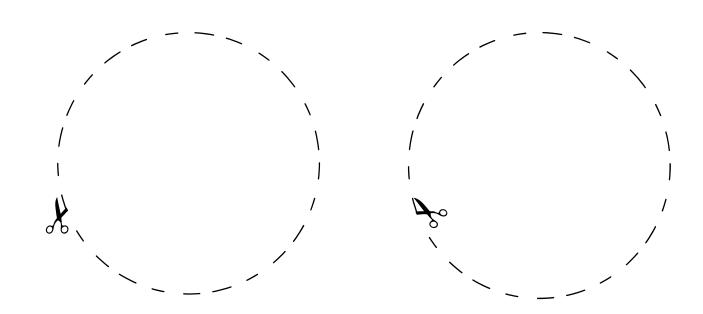
Create a space to hang out and daydream.

It might be a space for friends or to be Make it comfy, make it yours. on your own.



Are there things in your house or close by that only you know about?

Where does the hole under the window go? Why is there a pile of stones under the tree?



Strange but true !!

When we see things every day, somehow we stop seeing them. Most people don't look properly. Noticing can be your

secret super power!



Question your teaspoons.



Do exactly that... how many questions can you think of for a teaspoon or any object?

Your questions here

How were you made? Who has picked you up?

Are answers more important than questions?

"Question your teaspoons" is a quote by French philosopher Georges Perec. His books question things we take for granted. He wrote a whole book without using the letter 'e'!

Magic gateways

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Have you kept a small object that you found or a friend gave to you?

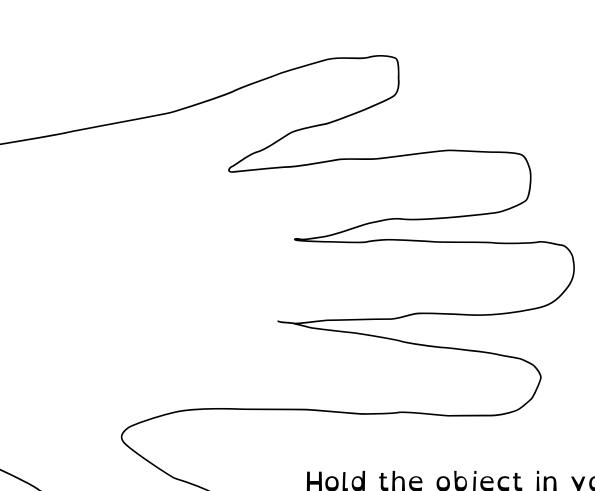
* It might be something like a stone or a ticket that no one else thinks is special.

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To you it has magic powers!

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Hold the object in your hand.
Why is it important?
How does it make you feel?

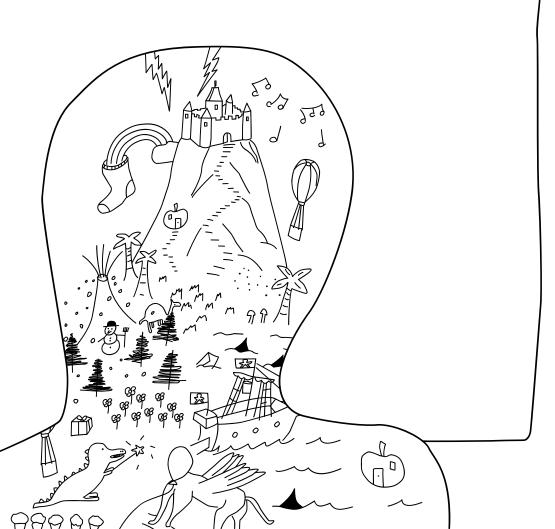
New Worlds

Use your imagination to change things. Invent new worlds!

Go outside or to a window. Close your eyes and listen...

now make up a story.

Your imagination is amazing!



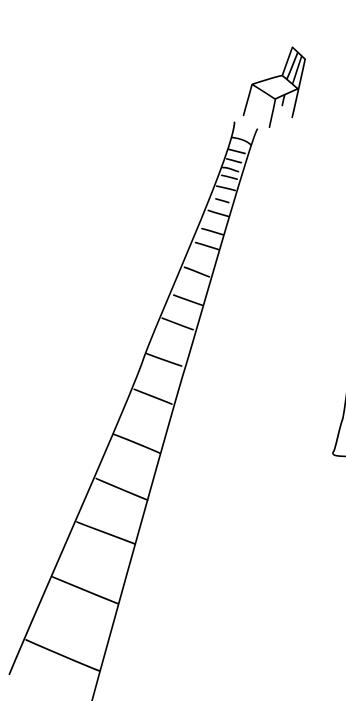
If someone is with you, ask them to close their eyes. Describe what you are imagining. You might make small changes to what you see or make up total nonsense!

Change perspective

Perspective is the way we look at things.

Climb up high, lie down low, hang upside down

- invent new ways to look at the world.



Something unexpected might happen!

Doing things differently can help us to have different ideas.

Backwards ways

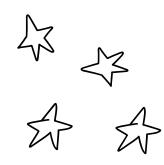
bnuora yab ruoy nruT gnihtemos gniob yd backwards!

Words, clothes, running - do it for a little bit or do it all day.

Have fun!

Artist and inventor, Leonardo da Vinci, wrote backwards. This stopped people reading his notebooks & stealing his ideas. Can you think of ways to keep your ideas secret?

It's good to share



Share a Spark the Play idea with someone. Use one of these activities or create your own.

Name.....

Spark the Play idea......

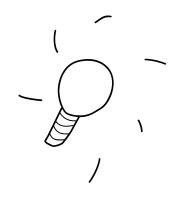
How would your chosen person like to get their message......

East Lothian Play Association



All children and young people in East Lothian have plentiful opportunities to play everyday.

The activities in this Spark the Play Pack celebrate everyone's imagination and creativity. There are no set instructions or rules to follow. Instead, the activities are designed to give a little time and space for your ideas to develop. They may suggest new ways to look and new ways to do things. How you do that is up to you.



Play quietly, play loudly, play silly, play serious, play fast, press pause - it's over to you!





Created by Susan Humble with funding from the Scottish Government's Wellbeing Fund.